



where lasting friendships and great memories are made...

At Seaton Hackney Stables, we are firm believers that the connections we create with horses empower us to reach our fullest potential!



Together we can change lives!

## Friends of Seaton Hackney Inc.



Empowering Riders  
With Disabilities Everyday!



"Friends" is a 501(c)3 nonprofit dedicated to providing support and enhancement to the Therapeutic Riding Program - for both the participants and the kind, hard-working horses they grow to love.

Are you ready to make a difference in someone's life? Whether you give an hour of your time or a dollar out of your pocket it makes a difference for our riders, families and our horses.

Please consider a tax-deductible gift today.

[DONATE](#) ❤

- Become a Volunteer
- Make a Donation
- Sponsor a Horse



"Where Healing Takes the Reins"



Come Ride With Us!

440 South Street  
Morristown NJ 07960  
973-644-3355  
[www.seatonhackney.com](http://www.seatonhackney.com)

Horses strengthen bodies,  
minds, and spirits



Therapeutic riding can offer a range of benefits, including:

- Physical: Improved balance, coordination, strength, and range of motion.
- Cognitive: Enhanced problem-solving skills, attention span, and memory.
- Emotional: Increased self-esteem, confidence, and emotional regulation.
- Social: Improved social interaction, communication, and teamwork skills.



## PERSONALIZED SHORT AND LONG TERM GOALS WITH SAFE, PROGRESSIVE LEARNING

Here at Seaton Hackney Stables we believe that success comes from consistent learning that works toward a specific, achievable goal. Our Therapeutic Instructors will work with each rider and their team to determine what their priorities are for physical, mental, and emotional benefits.

Once these goals have been established, each ride will work towards achieving them.

Please feel free to reach out by phone or email if you have any questions or if you think that therapeutic riding is right for you or your loved one!

Our office can be reached at:

973-644-3355

We do work with DDD

## Our Therapeutic Instructors

Melissa and Jessica along with Olivia and Emily

We welcome riders of all abilities and have a variety of horses to meet their needs. Our program provides individuals of all skill levels the opportunity to partake in both mounted and unmounted therapeutic lessons. Our dedicated team of instructors and volunteers is eager to meet you! For more information about our Therapeutic Program or if you have any questions, please feel free to reach out to us.

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